



First name

Image of an identity card

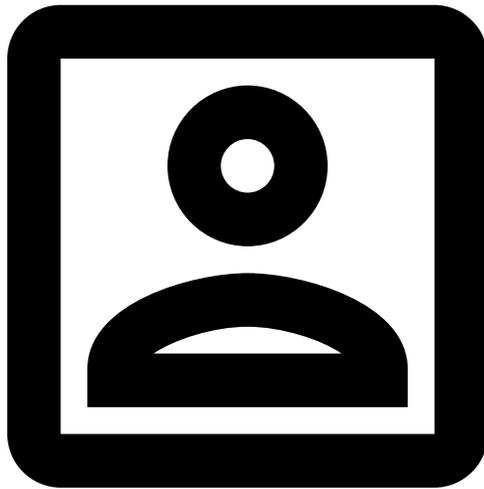
Do you know who chose your name and why?



My first memory

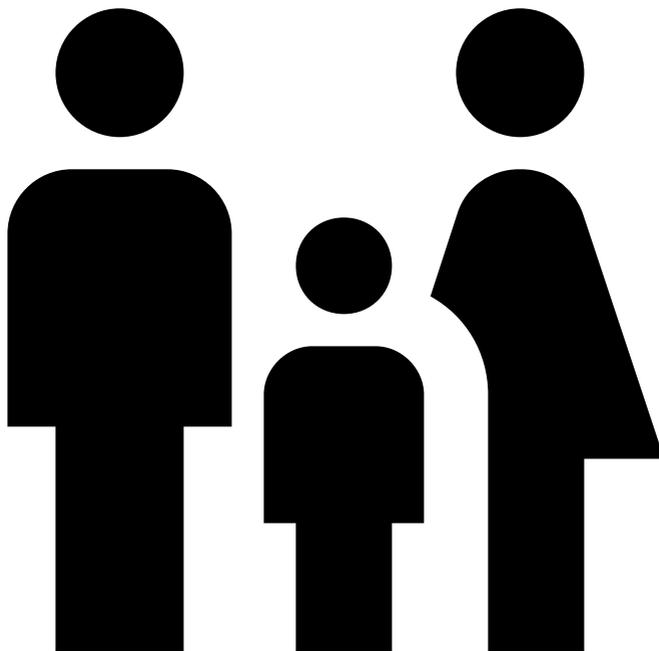
Image of a rocking horse

The first thing you remember from your childhood is...



Self portrait

Image of a bust inside a frame
Describe yourself however you want.



Family

Image of adult people with child

Describe your family. Do you remember any particular episode?



Joy

Image of an emoji expressing joy
That time you felt great joy



Home

Image of a house

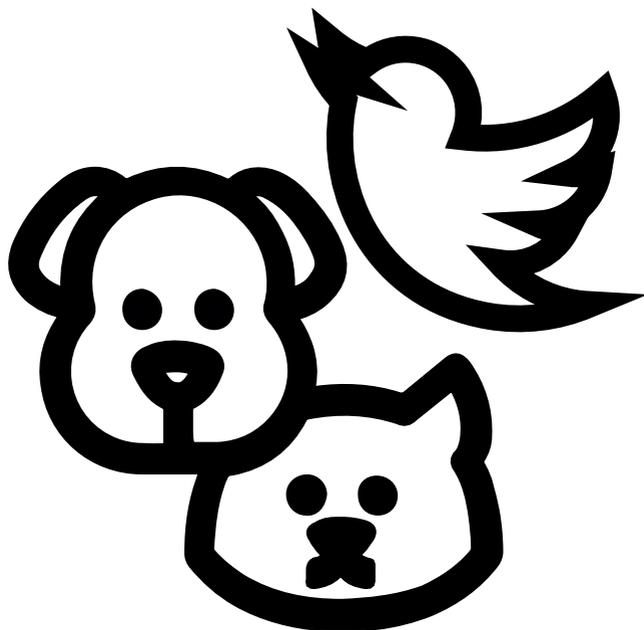
If you think of a house where you lived
what comes to your mind?



Poetry

Image of a paper and a pen

Come up with a poem or write one that you liked the most



Animals

**Image of some animals:
a dog, a cat, a bird**

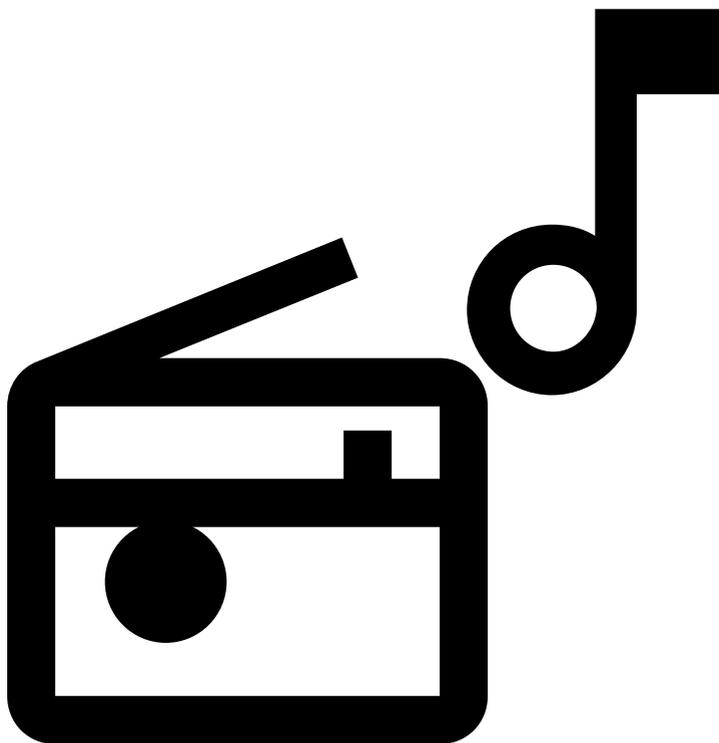
Have you had or do you have pets?
Would you like to have an animal?



Childhood games

Image of girls and / or boys playing with a ball

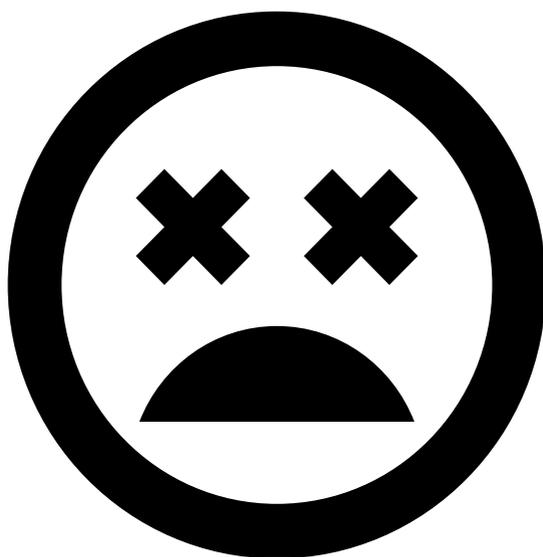
Is there a favorite game you played
when you were a boy or a girl?



Music

Image of musical notes

Do you remember an event related to music?
Do you want to write something
about a particular song?



Sadness

Image of an emoji expressing sadness
If you think back to an episode in which
you felt sad what comes to your mind?



Adventure

Image of a map and a compass

Tell us about an adventure, yours or someone else's.
How old were you? What happened?



Backpack

Image of a backpack

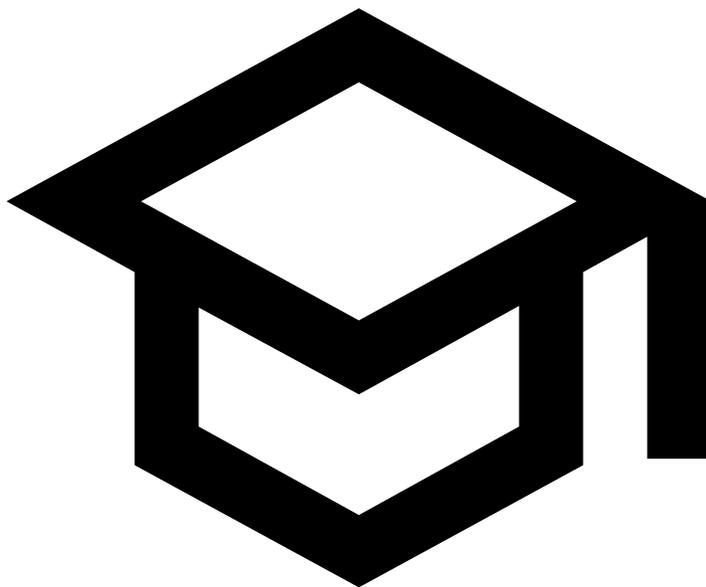
A backpack ready for a trip or a backpack full of memories, pains, joys. Describe one of these backpacks, what would you put inside the one you chose?



Viands

Image of different foods

Is there any dish from a country other than yours that you like? Where did you eat it?



School

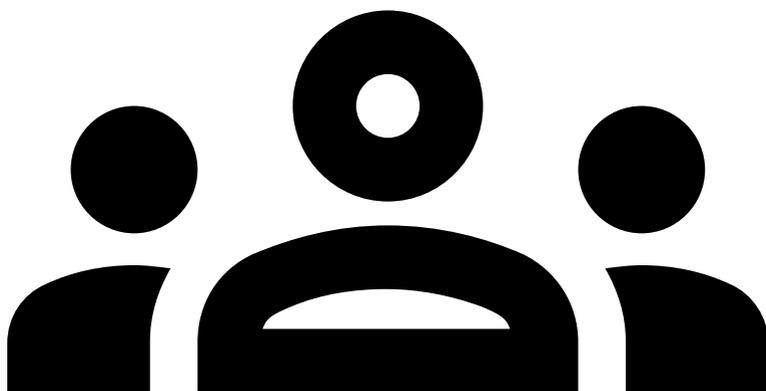
Image of graduate hat

Do you have special memories related to school?



Wish

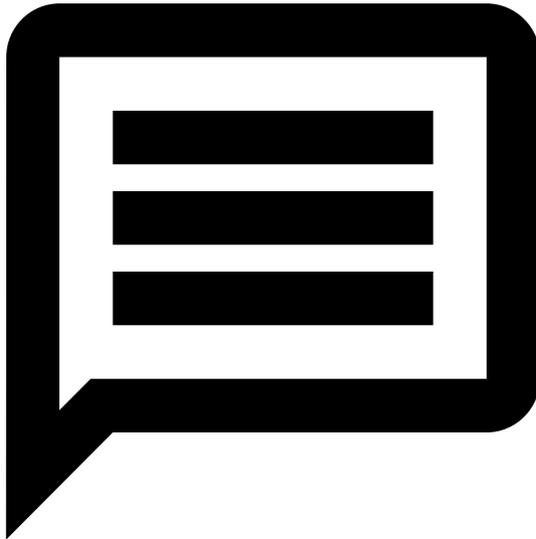
Image of a shooting star and someone making a wish
One of your biggest wishes is...



Friends

Image of some people together

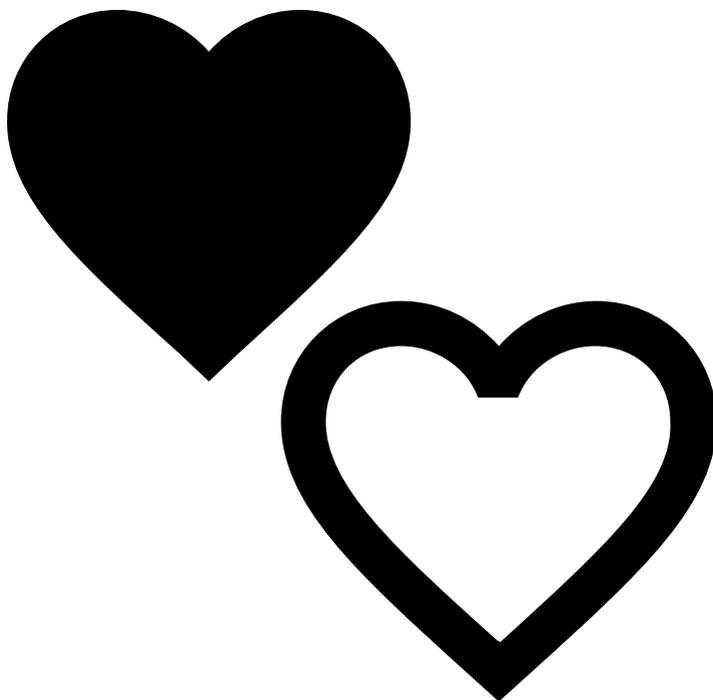
Do you have memories related
to your girlfriends or friends?



Message

Image of a message

Write about a message you received that impressed you particularly.



Love, Loves

Image of two hearts

There are many types of love, for people, animals, nature, books, movies or whatever. Write one of your loves the way you believe (story, poem, song)



Travel

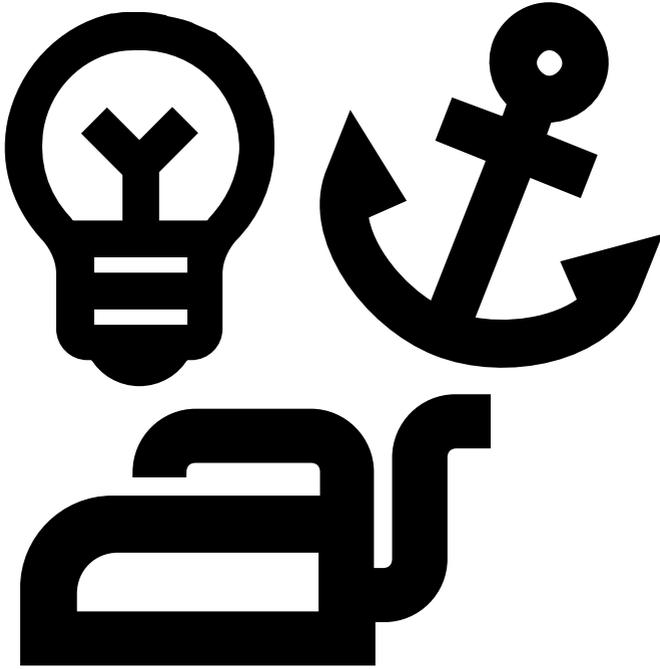
Image of a suitcase

Do you remember anything about one of your travels?
Which trip would you like to take?



Anger

Image of an emoji expressing anger
Do you remember an episode or episodes
where you felt angry? Write freely.



Objects

Image of some objects: a light bulb, an anchor, an iron

Think of objects, things that you have used, seen, built, in different periods of your life. Describe one of these objects, placing it in space and time.



Book

Image of a book

Describe your favorite books

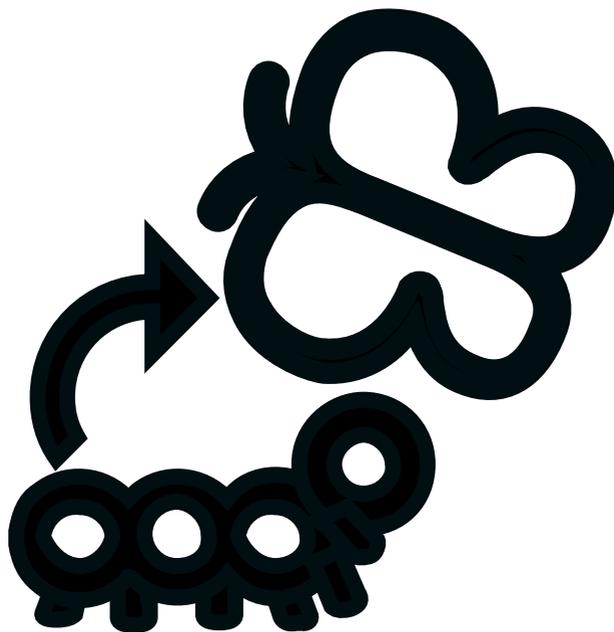


Dreams

Image of a person in a bed with a speech bubble on it

Do you have a dream that you particularly remember?

Has anyone ever told you a dream?



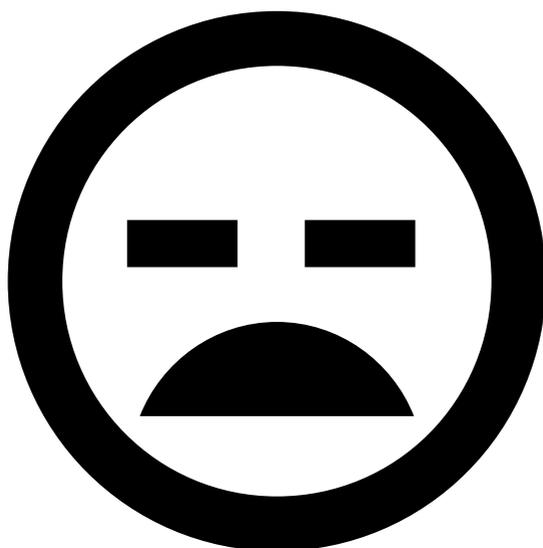
Changes

Image of a caterpillar that becomes a butterfly
Write something about major changes in your life



Senses

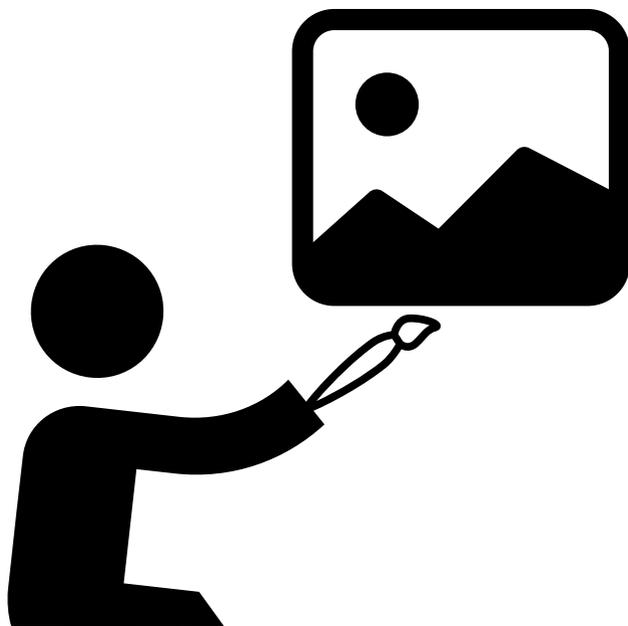
Image of a nose, ear, mouth, eye, hand
Are there any particular smells, sounds
or tastes that you remember?



Fear

Emoji image expressing fear

Were you afraid of something when you were little?
Can you think of a particular episode
that concerns you or another person?



Artist

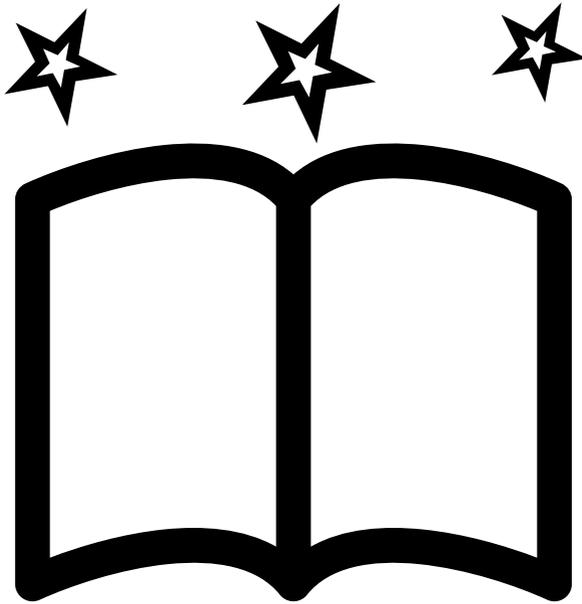
Image of a person who paints a picture.
Which of the various arts do you like best? Or less?



Landscapes

Image of a road with some trees

Countryside, sea, mountain, lake, city. Write one or more episodes of your life related to one or more of these landscapes.



Tale

Image of an open book from which stars come out

Do you remember a fairy tale they told you?

What was he talking about?



Passion

Image of a flame with a heart in the center

Who or what are you passionate about or are you passionate about?
Write about your small and big passions.



Finish line

Image of an arrow on a dartboard

You have reached the end of this path.
The first victory is to have dedicated time and space for you.
How do you feel?