

“MY LIFE in EUROPE: a new Methodology to insert Your LIFE biography IN the EUROPE context”



MyLIFE - The Game : Single Player Mode Quick Guide

<https://mylifeineurope.nkey.it/>

The MY LIFE Single Game at a glance

The game "**My Life in Europe**", which for short we will call "**My Life**", was created to stimulate the writing of episodes of one's life and to build one's own autobiography in a guided way, to be shared with other people.

From sharing new relationships are born, and through relationships we take care of each other.

By playing "My Life" these relationships can cross national borders and build a greater sense of belonging: a sense of belonging to the European community.

That's how.

The game allows you to write your own autobiography by writing short fragments of text, each associated with a "stimulus card".

Each card has an image, a title, sometimes a sound, and is accompanied by a writing stimulus. The cards have an order. The first cards of each deck concern the first years of life and follow the course of time until adulthood. Each card belongs to one of these categories, determined by the autobiographical methodology. These categories are: time; space; bodies, figures or faces; actions or facts; emotions; sensory perceptions; objects.

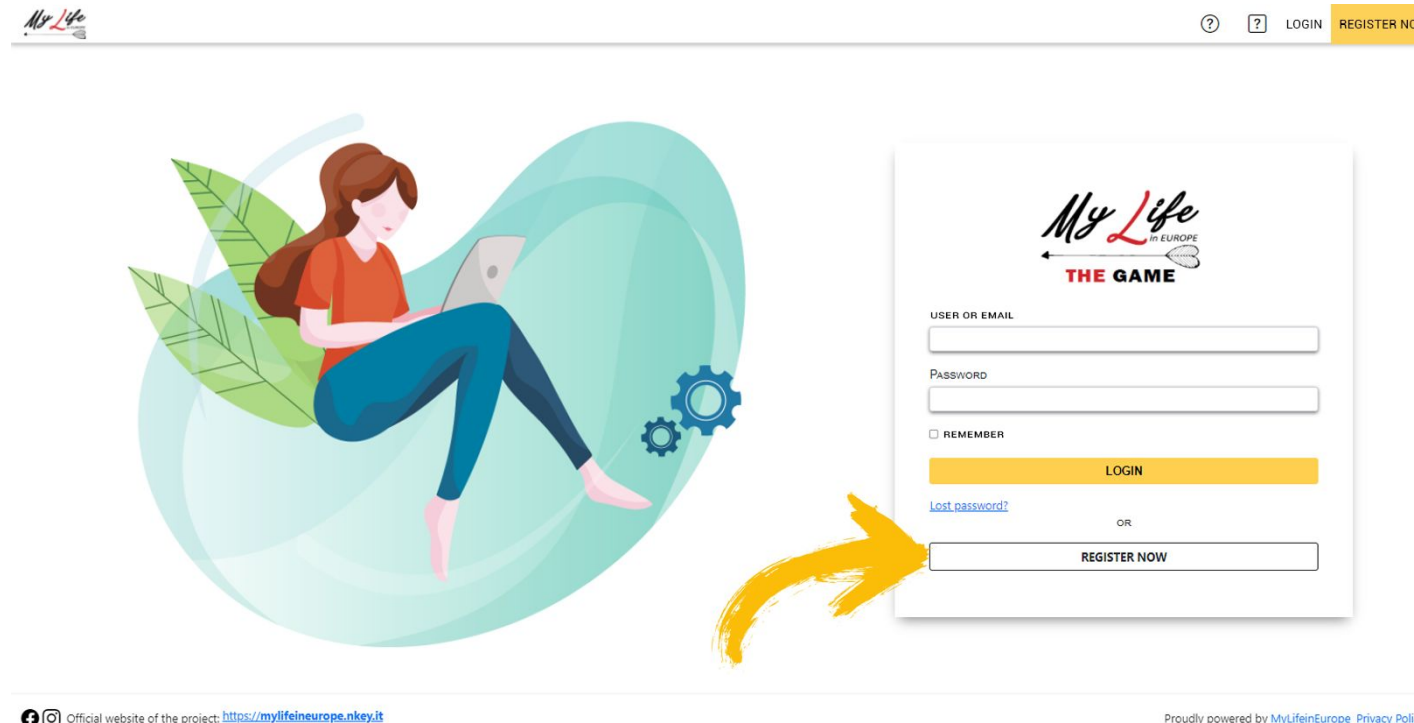
The indications given by the cards are purposely generic just to stimulate your imagination and creativity. Even the writing proposals are some of the various possibilities that you too can find. Autobiographical writing, in fact, can take the form, appearance and style that each narrator decides to give it: expose facts chronologically, use metaphors, choose a poetic or other creative form. Regardless of the form it takes, the narration of one's life is a way to better understand the past, the present and lays the foundations for the future, putting order in the existential story. You can choose what to write based on the solicitation of a card and you can also add new memories later. If a card doesn't inspire you, you can safely skip it. With the online version of the game, all the writings that arise from your memories can be archived and used to build your autobiography.

The instructions of the online game to use as a player or single player are very simple.

1. Registration
2. New game start
3. Writing of autobiographical episodes on the basis of the proposed papers
4. Reading of his own autobiography

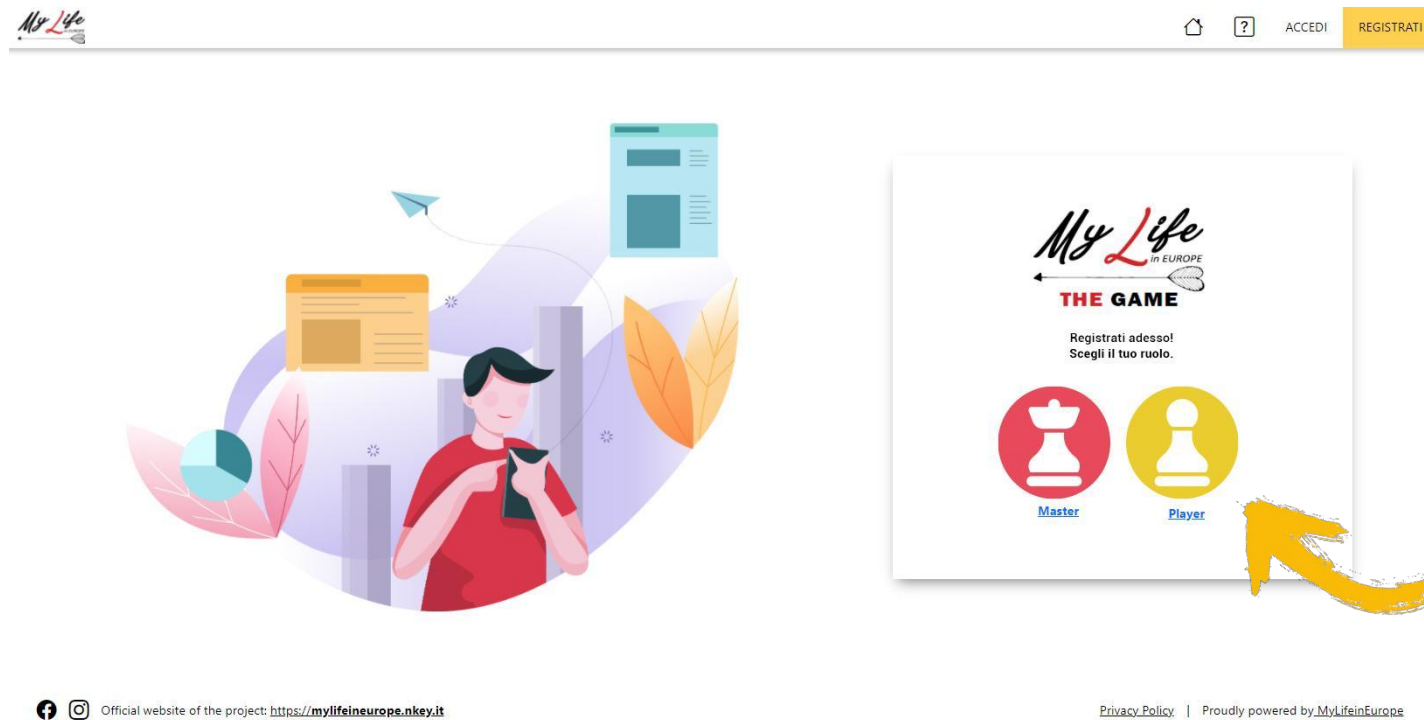
1- Registration.

From the home page of the MyLife game <https://mylifethegame.nkey.it/> : you can access the game if you already have credentials or register.

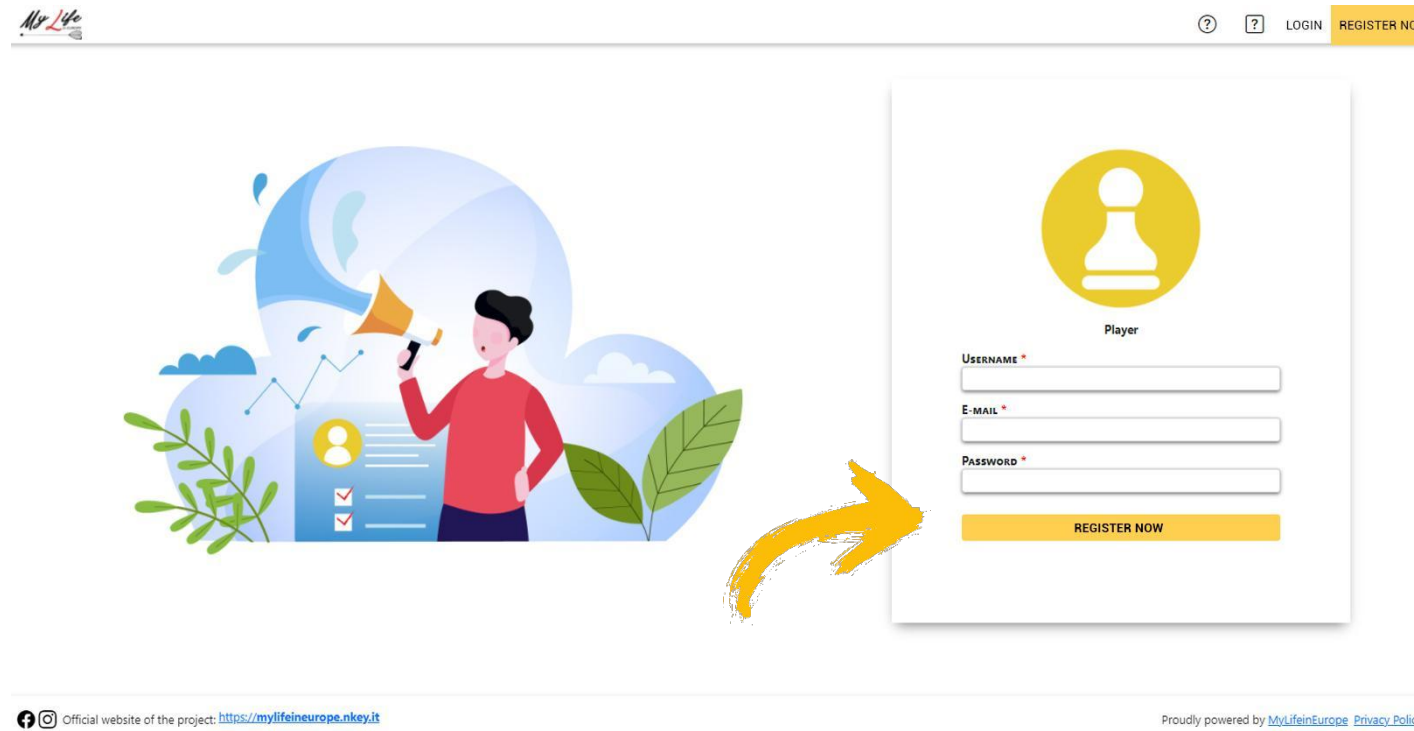


The screenshot shows the top navigation bar with the MyLife logo, a help icon, a question mark icon, and buttons for 'LOGIN' and 'REGISTER NOW'. Below the navigation bar is a large illustration of a woman sitting on a green leaf, using a laptop, with gears nearby. To the right of the illustration is a white login and registration form. The form contains the MyLife logo, a 'USER OR EMAIL' input field, a 'PASSWORD' input field, a 'REMEMBER' checkbox, a yellow 'LOGIN' button, a 'Lost password?' link, an 'OR' separator, and a 'REGISTER NOW' button. A yellow arrow points from the illustration towards the registration button.

Once you have chosen to continue registering as a Player



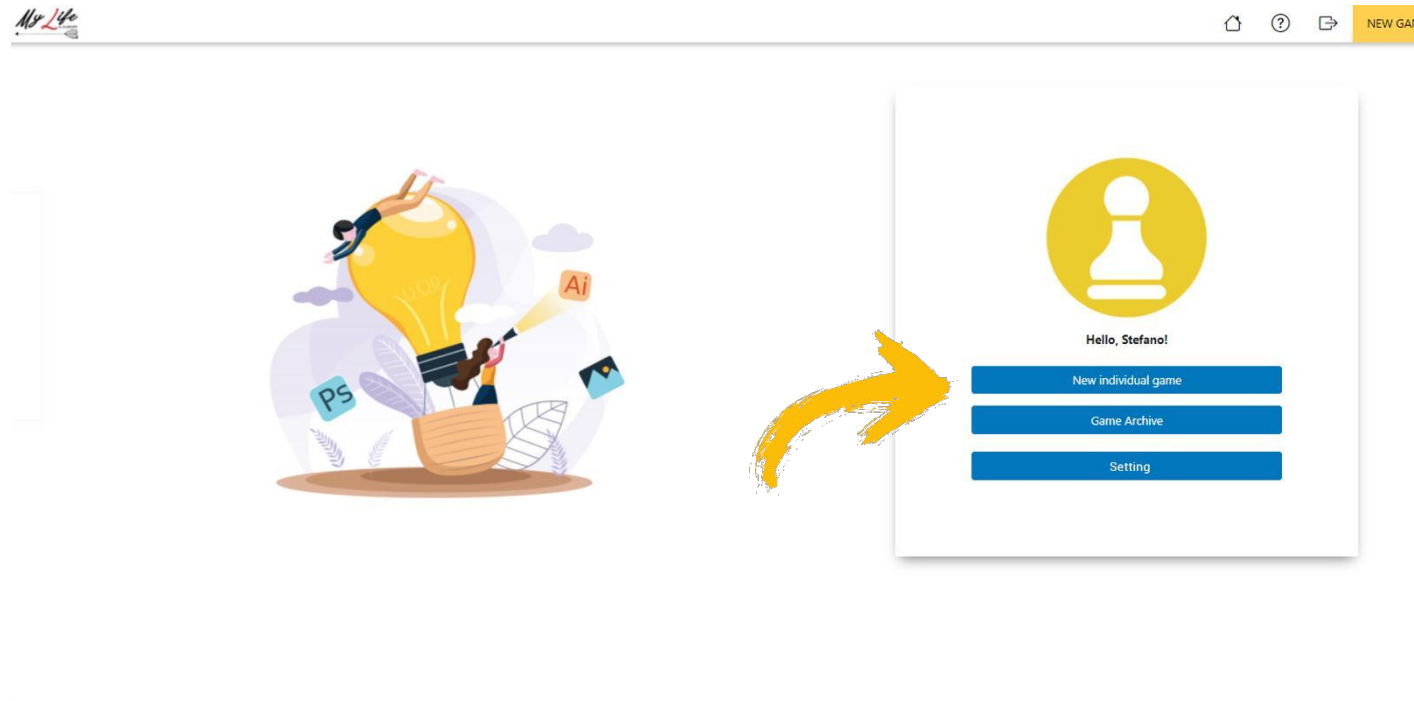
It will then be sufficient to enter your email, username and password and click on the **Register** button.



The screenshot shows the registration interface of the My Life in Europe website. At the top left is the 'My Life' logo. At the top right are navigation links: a question mark icon, a 'LOGIN' button, and a yellow 'REGISTER NOW' button. The main content area is split into two parts. On the left is a colorful illustration of a person in a red shirt holding a megaphone, surrounded by icons for a globe, a document, a leaf, and a checklist. A large yellow arrow points from this illustration to the registration form on the right. The registration form is titled 'Player' and features a yellow circular icon of a chess piece. Below the icon are three input fields labeled 'USERNAME *', 'E-MAIL *', and 'PASSWORD *'. At the bottom of the form is a yellow 'REGISTER NOW' button. The footer contains social media icons, the official website URL (<https://mylifeineurope.nkey.it>), and the text 'Proudly powered by MyLifeinEurope Privacy Policy'.

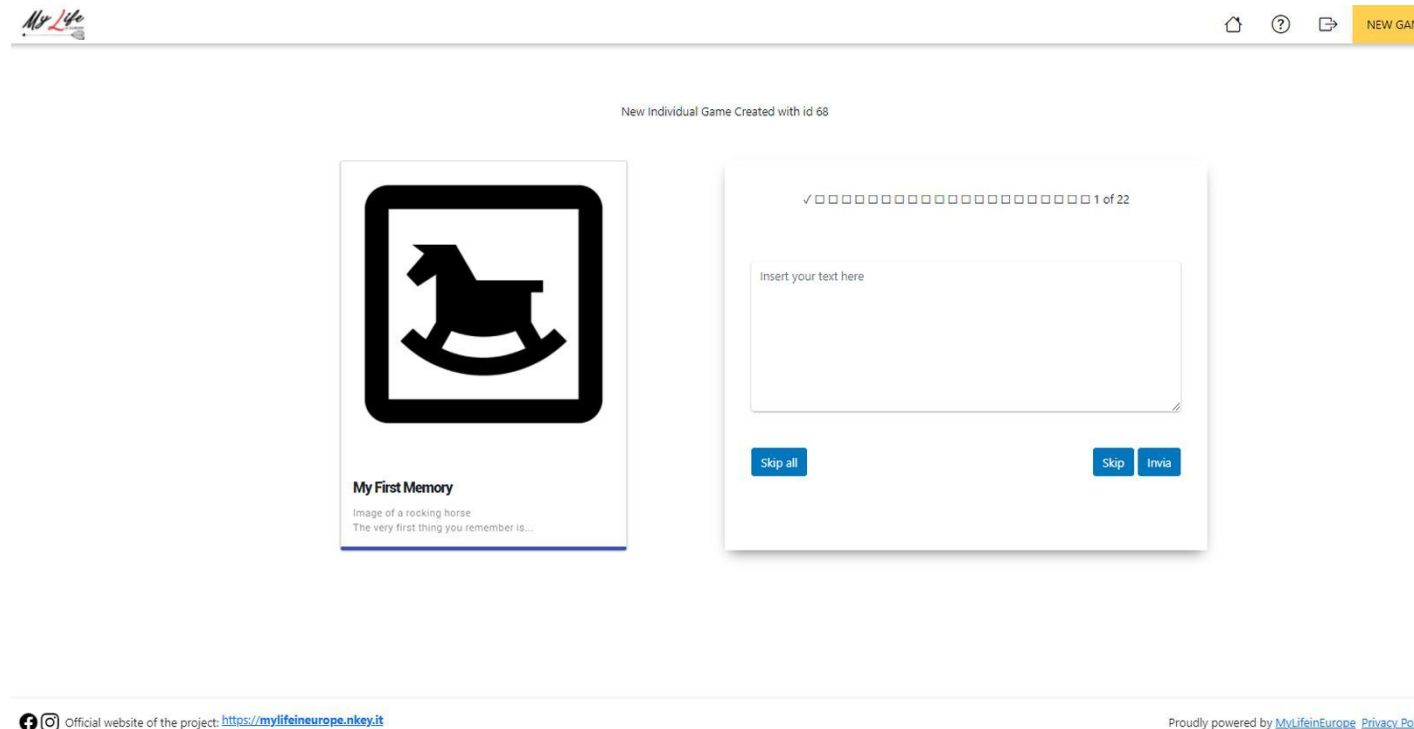
2- New game start.

Once you have entered your area, you can start the game by clicking on the “**New individual game**” link.



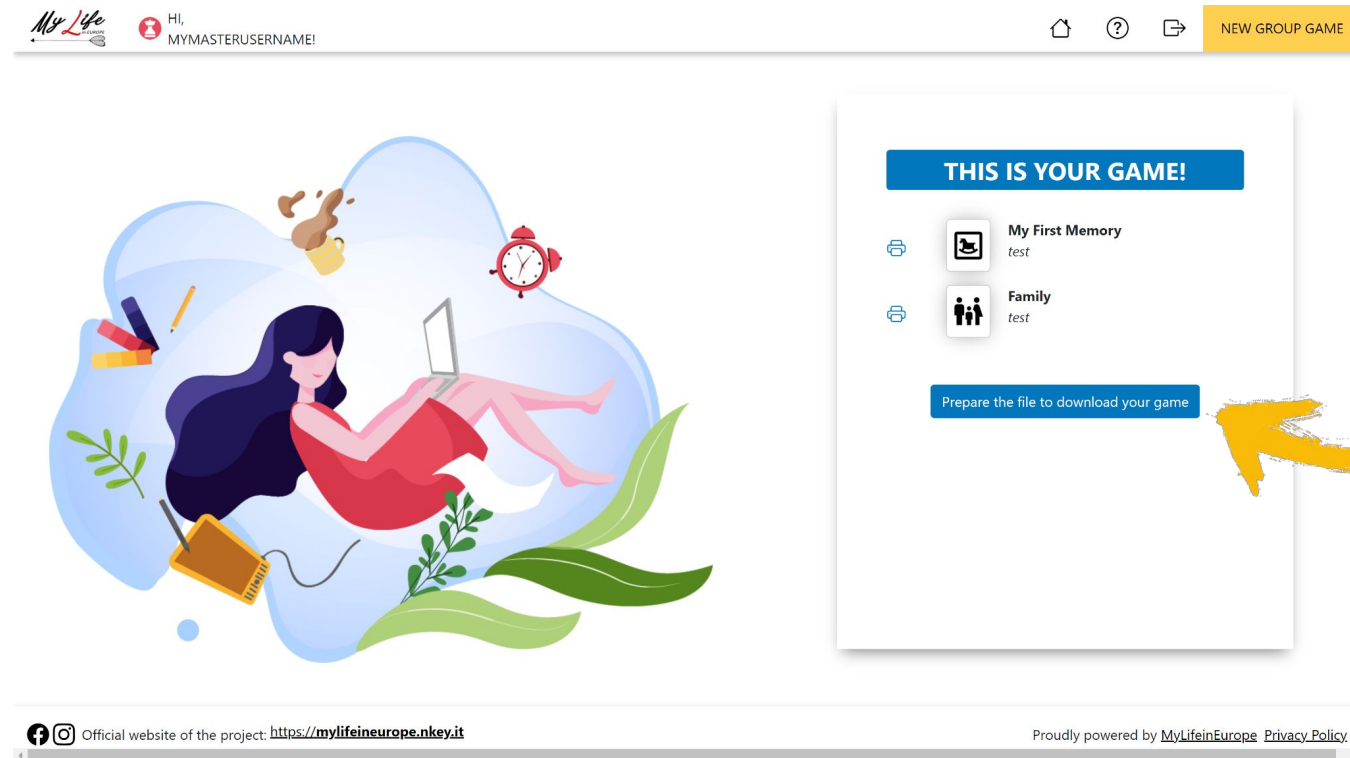
3- Writing of autobiographical episodes on the basis of the proposed papers.

Each card corresponds to a game turn, you can decide to skip one or more cards. When the cards are finished, a message appears stating the game is over.



The screenshot shows the game interface. At the top left is the 'My Life' logo. On the top right are navigation icons (home, help, share) and a yellow 'NEW GAME' button. Below the navigation bar, it says 'New Individual Game Created with id 68'. The main area is split into two panels. The left panel shows a card with a black silhouette of a rocking horse inside a square frame. Below the image, the text reads 'My First Memory' and 'Image of a rocking horse. The very first thing you remember is...'. The right panel shows a progress indicator '1 of 22' with a checkmark and a text input field labeled 'Insert your text here'. At the bottom of the right panel are two blue buttons: 'Skip all' and 'Skip Invia'.

4 - Reading of his own autobiography. At this point it is possible to reread everything that has been written and share it with whoever you want.



The screenshot shows the MyLifeEurope website interface. At the top left is the MyLife logo and a user greeting: "Hi, MYMASTERUSERNAME!". To the right are navigation icons (home, help, share) and a yellow "NEW GROUP GAME" button. The main content area features a large illustration of a woman sitting on a blue cloud, reading a red book on a laptop. Surrounding her are icons for a coffee cup, an alarm clock, a pen, and a folder. On the right, a white box titled "THIS IS YOUR GAME!" contains two test options: "My First Memory test" and "Family test", each with a printer icon. Below these is a blue button that says "Prepare the file to download your game", which is highlighted by a yellow arrow. At the bottom, there is a footer with social media icons, the official website URL (<https://mylifeineurope.nkey.it>), and a note that the site is powered by MyLifeEurope with a link to the Privacy Policy.



Web Site

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